

HAYME SERRATO'S MARTIAL ARTS HAPKID



9th Gup (Yellow Belt)

- 1. Stances & Pivots**
- 2. Break Falling**
- 3. Blocks & Strikes**
- 4. Kicks**
- 5. Breakaways**
- 6. Same Side Wrist Grabs**
- 7. Judo Throw**